



Mediation and Arbitration Paths

ORIGINAL PROGRAM DATE

April 15, 2026

AVAILABLE MEDIA TYPES

Video & Audio MP3

REPORTING YOUR CREDIT

This on-demand program was a live seminar presented on April 15, 2026. If you attended or viewed the original presentation, please note that WSBA members may not claim credit for the same CLE sessions if repeated within their three-year reporting period.

DESCRIPTION

This seminar will explore two widely used approaches to alternative dispute resolution: mediation and arbitration. Each method offers its own advantages and challenges, and understanding these dynamics helps practitioners pursue outcomes that prioritize resolution over conflict. Gaining familiarity with these processes enables advocates to provide more effective and informed support.

AGENDA

1 How to Avoid Mediation Missteps

This CLE will discuss common pitfalls that can undermine mediation and provide practical strategies to maximize the chances of a successful resolution.

S. Karen Bamberger - JAMS, Seattle, WA

David M. Schoeggl - JAMS, Seattle, WA

2 Arbitration Tips for Litigators

This CLE will provide a technical overview of the arbitration along with strategic insight into the process. Other topics will include paths to arbitration, selecting an arbitrator and how it is distinguished from a bench trial.

Judge Richard McDermott (Ret.) - JAMS, Seattle, WA